

**HOTEL DIEU SHAVER HEALTH & REHABILITATION CENTRE  
ST. CATHARINES, ON  
PROGRAM STREAMS & ADMISSION GUIDELINES**

<b>Program</b>	<b>Active Rehab High Tolerance Short Duration (HTSD)</b>	<b>Restorative Rehab Low Tolerance Long Duration (LTLT)</b>	<b>Medically Complex</b>	<b>Palliative /End of Life</b>	<b>Slow Stream Rehab Pilot Project and Assess Restore Admissions through CCAC</b>
<b>Age</b>	18 years of age or older (will consider younger patients on case by case basis)	18 years of age or older (will consider younger patients on case by case basis)	18 years of age or older	18 years of age or older	18 years of age or older
<b>Requires</b>	Requires Interprofessional Rehabilitation <b>Therapy needs: 2 or more disciplines</b>	Requires Interprofessional Rehabilitation <b>Therapy needs: 2 or more disciplines</b>	Requires complex skilled nursing within an Interprofessional team environment	Requires complex skilled nursing focused on pain and symptom management within an Interprofessional team environment	Requires Interprofessional Rehabilitation <b>Therapy needs: 2 or more disciplines</b>
<b>Medical Status</b>	<ul style="list-style-type: none"> <li>▪ Medically Stable</li> <li>▪ Physician assessment/management not required daily</li> <li>▪ Known Diagnosis</li> <li>▪ Completion of all diagnostic tests</li> <li>▪ Infection Control treatment plan in place where applicable</li> <li>▪ Established nutritional regime</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medically Stable</li> <li>▪ Physician assessment/management not required daily</li> <li>▪ Known Diagnosis</li> <li>▪ Completion of all diagnostic tests</li> <li>▪ Infection Control treatment plan in place where applicable</li> <li>▪ Established nutritional regime</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medically complex/ clinically stable</li> <li>▪ Physician assessment/management not required daily</li> <li>▪ Known Diagnosis</li> <li>▪ Completion of all diagnostic tests</li> <li>▪ Infection Control treatment plan in place where applicable</li> <li>▪ Established nutritional regime</li> </ul>	<ul style="list-style-type: none"> <li>▪ Patient experiencing complexities associated with the end stage of their disease</li> <li>▪ Physician assessment/management not required daily</li> <li>▪ Palliative Performance Scale 40 or less</li> <li>▪ Have an established Do Not Resuscitate (DNR) plan</li> <li>▪ Known Diagnosis</li> <li>▪ Completion of all diagnostic tests</li> <li>▪ Infection Control treatment plan in place where applicable</li> <li>▪ Established nutritional regime</li> </ul>	<ul style="list-style-type: none"> <li>▪ Medically Stable</li> <li>▪ Physician assessment/management not required daily</li> <li>▪ Known Diagnosis</li> <li>▪ Completion of all diagnostic tests</li> <li>▪ Infection Control treatment plan in place where applicable</li> <li>▪ Established nutritional regime</li> </ul>

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<b>Rehab Candidacy</b>	Client <ul style="list-style-type: none"> <li>▪ Has a defined rehab goal</li> <li>▪ agrees to participate in active rehab</li> <li>▪ Demonstrates the ability to learn new functional tasks</li> <li>▪ Able to follow instruction</li> </ul>	Client <ul style="list-style-type: none"> <li>▪ Has a defined rehab goal</li> <li>▪ May be an active rehab candidate who requires specialized care i.e. amputee but is not at the point where he/she can fully participate. (Pre – rehab phase)</li> <li>▪ Demonstrates the ability to learn new functional tasks</li> <li>▪ MMSE 16 or ≥</li> <li>▪ Able to follow instruction</li> </ul>	Client <ul style="list-style-type: none"> <li>▪ Does not meet rehab candidacy requirements</li> </ul>	Not Applicable	Client <ul style="list-style-type: none"> <li>▪ Has a defined rehab goal</li> <li>▪ Agrees to participate in slow stream rehab</li> <li>▪ Demonstrates the ability to learn new functional tasks</li> <li>▪ MMSE 19 or ≥</li> <li>▪ Able to follow instruction</li> </ul>
<b>Rehab Readiness</b>	<u>Tolerance:</u> Minimum of 1 hour out of bed at a time, 2-3x/day May participate in up to 3 hours of therapy per day.  Amputees: Prosthetic candidates within one week of casting/fitting.	<u>Tolerance:</u> Minimum of 1 hour out of bed at a time 1x/day May participate in up to 1-2 hours of therapy per day	Not Applicable	Not Applicable	<u>Tolerance:</u> Minimum of 1 hour out of bed at a time 2x/day May participate in up to 2 hours of therapy per day.
<b>Discharge Planning</b>	<ul style="list-style-type: none"> <li>▪ The client's goals related to early &amp; safe discharge have been met</li> </ul>	<ul style="list-style-type: none"> <li>▪ The client's goals related to early &amp; safe discharge have been met</li> </ul>	<ul style="list-style-type: none"> <li>▪ The client's goals related to early &amp; safe discharge have been met</li> </ul>	The client's care needs can now be provided at home or in a different level of care.	<ul style="list-style-type: none"> <li>▪ The client's goals related to early &amp; safe discharge have been met</li> </ul>

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<b>Discharge Planning Cont'd.</b>	<ul style="list-style-type: none"> <li>▪ Progress towards early &amp; safe discharge has plateaued</li> <li>▪ Rehab goals can be met as an outpatient</li> </ul> <p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 30 days</p>	<p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 45 days</p>	<p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 60-90 days</p>	<p>Life expectancy of <math>\leq 3</math> months</p>	<p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 45 days</p>
<b>Exclusion Criteria</b>	<ul style="list-style-type: none"> <li>▪ Outstanding acute care diagnostic tests</li> <li>▪ Unmanaged pain</li> <li>▪ Aggressive behaviors</li> <li>▪ Uncontrolled psychiatric conditions</li> <li>▪ Wandering/exit seeking</li> <li>▪ Ongoing chemotherapy &amp; radiation which interferes with therapy</li> <li>▪ Hemodialysis clients</li> </ul>	<ul style="list-style-type: none"> <li>▪ Outstanding acute care diagnostic tests</li> <li>▪ Unmanaged pain</li> <li>▪ Aggressive behaviors</li> <li>▪ Uncontrolled psychiatric conditions</li> <li>▪ Wandering/exit seeking</li> <li>▪ Ongoing chemotherapy &amp; radiation which interferes with therapy</li> <li>▪ Requires total</li> </ul>	<ul style="list-style-type: none"> <li>▪ Outstanding acute care diagnostic tests</li> <li>▪ Unmanaged pain</li> <li>▪ Aggressive behaviors</li> <li>▪ Uncontrolled psychiatric conditions</li> <li>▪ Wandering/exit seeking</li> <li>▪ Ongoing chemotherapy &amp; radiation which interferes with therapy</li> <li>▪ Requires total</li> </ul>	<ul style="list-style-type: none"> <li>▪ Care needs can be met at a different level of care</li> <li>▪ Ventilation dependency</li> </ul>	<ul style="list-style-type: none"> <li>▪ Outstanding acute care diagnostic tests</li> <li>▪ Unmanaged pain</li> <li>▪ Aggressive behaviors</li> <li>▪ Uncontrolled psychiatric conditions</li> <li>▪ Wandering/exit seeking</li> <li>▪ Ongoing chemotherapy &amp; radiation which interferes with therapy</li> <li>▪ Requires total</li> </ul>

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<b>Exclusion Criteria (cont'd.)</b>	<p>with an established access (fistula or graft) will be considered on a case by case basis. Dialysis schedule may need to be altered to maximize amount of time in therapy.</p> <ul style="list-style-type: none"> <li>▪ Requires total parenteral nutrition (TPN)</li> <li>▪ Active c-difficile not accepted</li> </ul>	<p>parenteral nutrition (TPN)</p> <ul style="list-style-type: none"> <li>▪ Bariatric clients on a case by case basis</li> <li>▪ Ventilation-dependency</li> <li>▪ Hemodialysis clients with an established access (fistula or graft) will be considered on a case by case basis. Dialysis schedule may need to be altered to maximize amount of time in therapy.</li> </ul>	<p>parenteral nutrition (TPN)</p> <ul style="list-style-type: none"> <li>▪ Bariatric clients</li> <li>▪ Ventilation-dependency</li> <li>▪ Dialysis</li> </ul>		<p>parenteral nutrition (TPN)</p> <ul style="list-style-type: none"> <li>▪ Bariatric clients on a case by case basis</li> <li>▪ Ventilation-dependency</li> <li>▪ Dialysis</li> <li>▪ Non-weight bearing (NWB)status taken on a case by case bases</li> </ul>

**NOTE**

- If psychiatric client must have access to a psychiatrist and /or mental health team
- Weekend admissions are accepted providing they are pre-screened; arrangements for physician coverage, medications, equipment will need to be done during the pre-screening process