

# Positioning - Left Hemiplegic Arm

## Lying on Hemiplegic Side



- Hemiplegic arm forward at the shoulder; elbow extended and hand supported with the palm up
- Unaffected arm supported forward on the pillow
- Pillow behind back
- Both legs bent at the hips and knees; a pillow in between

## Lying on Unaffected Side



- Hemiplegic arm supported forward on two pillows
- Pillow behind back
- Both legs bent at the hips and knees; a pillow in between; try to keep top leg from turning inwards

## Sitting in Bed



- Hemiplegic arm supported on two pillows
- Trunk in midline
- Pillows under unaffected arm as required

## Sitting in Wheelchair



- Lap tray/or trough on wheelchair
- Trunk midline, arm neutral
- Bottom to the back of the chair

# Positioning - Right Hemiplegic Arm

## Lying on the Hemiplegic Side



- Hemiplegic arm forward at the shoulder; elbow extended and hand supported with the palm up
- Unaffected arm supported forward on the pillow
- Pillow behind back
- Both legs bent at the hips and knees; a pillow in between

## Lying on the Unaffected Side



- Hemiplegic arm supported forward on two pillows
- Pillow behind back
- Both legs bent at the hips and knees; a pillow in between; try to keep top leg from turning inwards

## Sitting in Bed



- Hemiplegic arm supported on two pillows
- Trunk in midline
- Pillows under unaffected arm as required

## Sitting in Wheelchair



- Lap tray/or trough on wheelchair
- Trunk midline, arm neutral
- Bottom to the back of the chair

# Left Hemiplegia Single-Person Transfer



# Right Hemiplegia Single-Person Transfer



# Left Hemiplegia Two-Person Transfer



# Right Hemiplegia Two-Person Transfer



# Right Hemiplegia – Standing Lift



# Left Hemiplegia – Standing Lift

