

**HOTEL DIEU SHAVER HEALTH & REHABILITATION CENTRE
ST. CATHARINES, ON
PROGRAM STREAMS & ADMISSION GUIDELINES**

| Program | Active Rehab High Tolerance Short Duration (HTSD) | Restorative Rehab Low Tolerance Long Duration (LTLD) | Medically Complex | Palliative /End of Life | Slow Stream Rehab Pilot Project Admissions through CCAC |
|-----------------------|---|---|--|---|---|
| Age | 18 years of age or older (will consider younger patients on case by case basis) | 18 years of age or older (will consider younger patients on case by case basis) | 18 years of age or older | 18 years of age or older | 18 years of age or older |
| Requires | Requires Interprofessional Rehabilitation Therapy needs: 2 or more disciplines | Requires Interprofessional Rehabilitation Therapy needs: 2 or more disciplines | Requires complex skilled nursing within an Interprofessional team environment | Requires complex skilled nursing focused on pain and symptom management within an Interprofessional team environment | Requires I Interprofessional Rehabilitation Therapy needs: 2 or more disciplines |
| Medical Status | <ul style="list-style-type: none"> ▪ Medically Stable ▪ Physician assessment/management not required daily ▪ Known Diagnosis ▪ Completion of all diagnostic tests ▪ Infection Control treatment plan in place where applicable ▪ Established nutritional regime ▪ Bariatric clients accepted on a case by case basis | <ul style="list-style-type: none"> ▪ Medically Stable ▪ Physician assessment/management not required daily ▪ Known Diagnosis ▪ Completion of all diagnostic tests ▪ Infection Control treatment plan in place where applicable ▪ Established nutritional regime | <ul style="list-style-type: none"> ▪ Medically complex/clinically stable ▪ Physician assessment/management not required daily ▪ Known Diagnosis ▪ Completion of all diagnostic tests ▪ Infection Control treatment plan in place where applicable ▪ Established nutritional regime | <ul style="list-style-type: none"> ▪ Patient experiencing complexities associated with the end stage of their disease ▪ Physician assessment/management not required daily ▪ Palliative Performance Scale 40 or less ▪ Have an established Do Not Resuscitate (DNR) plan ▪ Known Diagnosis ▪ Completion of all diagnostic tests ▪ Infection Control treatment plan in place where applicable ▪ Established nutritional regime | <ul style="list-style-type: none"> ▪ Medically Stable ▪ Physician assessment/management not required daily ▪ Known Diagnosis ▪ Completion of all diagnostic tests ▪ Infection Control treatment plan in place where applicable ▪ Established nutritional regime |

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| Rehab Candidacy | Client <ul style="list-style-type: none"> ▪ Has a defined rehab goal ▪ agrees to participate in active rehab ▪ Demonstrates the ability to learn new functional tasks ▪ Able to follow instruction | Client <ul style="list-style-type: none"> ▪ Has a defined rehab goal ▪ May be an active rehab candidate who requires specialized care i.e. amputee but is not at the point where he/she can fully participate. (Pre – rehab phase) ▪ Demonstrates the ability to learn new functional tasks ▪ MMSE 16 or ≥ ▪ Able to follow instruction | Client <ul style="list-style-type: none"> ▪ Does not meet rehab candidacy requirements | Not Applicable | Client <ul style="list-style-type: none"> ▪ Has a defined rehab goal ▪ Agrees to participate in slow stream rehab ▪ Demonstrates the ability to learn new functional tasks ▪ MMSE 19 or ≥ ▪ Able to follow instruction |
| Rehab Readiness | <u>Tolerance:</u> Minimum of 1 hour out of bed at a time, 2-3x/day May participate in up to 3 hours of therapy per day. FIM >= 60 Amputees: Prosthetic candidates within one week of casting/fitting. | <u>Tolerance:</u> Minimum of 1 hour out of bed at a time 1x/day May participate in up to 1-2 hours of therapy per day FIM >= 40 | Not Applicable FIM Not Applicable | Not Applicable | <u>Tolerance:</u> Minimum of 1 hour out of bed at a time 2x/day May participate in up to 2 hours of therapy per day. FIM >= 50 |
| Discharge Planning | <ul style="list-style-type: none"> ▪ The client's goals related to early & safe discharge have been met | <ul style="list-style-type: none"> ▪ The client's goals related to early & safe discharge have been met | <ul style="list-style-type: none"> ▪ The client's goals related to early & safe discharge have been met | The client's care needs can now be provided at home or in a different level of care. | <ul style="list-style-type: none"> ▪ The client's goals related to early & safe discharge have been met |

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| Discharge Planning Cont'd. | <ul style="list-style-type: none"> ▪ Progress towards early & safe discharge has plateaued ▪ Rehab goals can be met as an outpatient <p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 35 days</p> | <p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 45-60 days</p> | <p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 60-90 days</p> | <p>Life expectancy of ≤ 3 months</p> | <p>Discharge planning options and future living arrangements have been discussed and documented at the referring site.</p> <p>Discharge destination should be pre-acute living arrangements or the community</p> <p>Average length of stay 50 days</p> |
| Exclusion Criteria | <ul style="list-style-type: none"> ▪ Outstanding acute care diagnostic tests ▪ Unmanaged pain ▪ Aggressive behaviors ▪ Uncontrolled psychiatric conditions ▪ Wandering/exit seeking ▪ Ongoing chemotherapy & radiation which interferes with therapy ▪ Hemodialysis clients | <ul style="list-style-type: none"> ▪ Outstanding acute care diagnostic tests ▪ Unmanaged pain ▪ Aggressive behaviors ▪ Uncontrolled psychiatric conditions ▪ Wandering/exit seeking ▪ Ongoing chemotherapy & radiation which interferes with therapy ▪ Requires total | <ul style="list-style-type: none"> ▪ Outstanding acute care diagnostic tests ▪ Unmanaged pain ▪ Aggressive behaviors ▪ Uncontrolled psychiatric conditions ▪ Wandering/exit seeking ▪ Ongoing chemotherapy & radiation which interferes with therapy ▪ Requires total | <ul style="list-style-type: none"> ▪ Care needs can be met at a different level of care ▪ Ventilation dependency | <ul style="list-style-type: none"> ▪ Outstanding acute care diagnostic tests ▪ Unmanaged pain ▪ Aggressive behaviors ▪ Uncontrolled psychiatric conditions ▪ Wandering/exit seeking ▪ Ongoing chemotherapy & radiation which interferes with therapy ▪ Requires total |

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| Exclusion Criteria (cont'd.) | with an established access (fistula or graft) will be considered on a case by case basis <ul style="list-style-type: none"> ▪ Requires total parenteral nutrition (TPN) ▪ Active c-difficile not accepted | parenteral nutrition (TPN) <ul style="list-style-type: none"> ▪ Bariatric clients ▪ Ventilation-dependency ▪ Dialysis | parenteral nutrition (TPN) <ul style="list-style-type: none"> ▪ Bariatric clients ▪ Ventilation-dependency ▪ Dialysis | | parenteral nutrition (TPN) <ul style="list-style-type: none"> ▪ Bariatric clients ▪ Ventilation-dependency ▪ Dialysis ▪ Non-weight bearing (NWB)status taken on a case by case bases |