



OUTPATIENT GERIATRIC REHAB PROGRAM REFERRAL FORM

541 Glenridge Avenue, St. Catharines, ON L2T 4C2
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PATIENT INFORMATION

Gender: M F Date of Birth: Month _____ Day _____ Year _____

Last Name _____ First Name _____ Postal Code _____

Street _____ City / Town _____ Home Telephone _____ Alternate Telephone _____

Health Card No. _____

Please attach related reports e.g. consultations from specialists, investigations.

REFERRAL SOURCE

Referring Physician _____ Telephone No. _____

Address _____

Family Physician _____ Telephone No. _____

Address _____

MEDICAL INFORMATION

Referring Diagnosis _____

Co-morbidities _____

History of falls? None Single Multiple Resulting Injuries? _____

Related Surgical Procedures & Dates: _____

Other Pertinent Information: _____

Referral Date _____ Referring Physician's Signature _____

PROGRAM DESCRIPTION

The Outpatient Geriatric Rehabilitation Program provides a specialized treatment approach for geriatric patients with movement or balance disorders or who are at risk for falls. In partnership with the client, this program offers individual and group treatment and education.

Eligibility Criteria

- Must have written medical referral
- Must be medically stable
- Must be ≥ 65 years of age
- Resident of Niagara Region with valid Ontario Health Card
- Must be able to tolerate 2.5 hours activity, potentially in a group setting
- Must be able to arrange own transportation to and from HDS
- Must be able to understand and follow instructions (may attend with interpreter if needed)
- Must be able to manage own personal care (or have caregiver available to assist) while on site
- Must demonstrate motivation and willingness to participate
- Impairment of functional mobility or balance
- Medical diagnosis (diagnoses) that is (are) compatible with a movement or balance impairment
- Dwelling in a community setting, including rest/retirement homes
- Potential to improve functionally

Exclusion Criteria

- Residents of Long-Term Care Facilities with associated Designated Physiotherapy Clinics
- Currently receiving physiotherapy services in alternate setting
- Clients with primary Rehab needs in other specialized areas (e.g. Neuro, Amps, Ortho, COPD, Cardiac, mental health, cognition)
- Inability to participate in individual and/or group programs