

We are counting on you.

Help support the extraordinary work of Hotel Dieu Shaver Health and Rehabilitation Centre by making your gift today.

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Gala Celebrates 100 Years of Caring and the Lifetime Achievements of Bob Bell

“When you enjoy what you are doing, you keep doing it.” Those words could have been said by Dr. Shaver himself, but they are the words of Bob Bell, the man who shared the spotlight with the facility he has dedicated a quarter century to helping. More than 320 people gathered at Club Roma on the last day of February to help celebrate the 100th anniversary of the Hotel Dieu Shaver Health and Rehabilitation Centre and to pay tribute to the lifetime achievements of Mr. Bell.

Although the name of the facility has changed over the past century the standard of care has remained at the highest level. From a sanatorium, to a hospital for chest diseases to the progressive rehabilitation and complex continuing care facility it is today, the Hotel Dieu Shaver has played an important role in the lives

of thousands of Niagara residents.

Of course hospitals need their champions too; someone to help tell the many success stories, raise money to help purchase new equipment and hold high the banner of pride that says this is a wonderful place of caring. The Hotel Dieu Shaver and the Shaver



Foundation Executive Director, Bob Bell (left) looks over the portrait of himself painted by George Upper while Jim Bradley (right) talks about Bob's lifetime achievements. The evenings emcee Archie Katzman looks on.

that has earned him the respect and admiration of so many, but it is also his years of community service through municipal and regional politics, service clubs and community organizations to say nothing of the fact that he is a true gentleman in every sense of the word. When you enjoy what you are doing,

you keep doing it. We're glad you kept doing it Bob.

The Foundation would like to thank all of the sponsors, donors and attendees who helped make this event a great success.

Hotel Dieu Shaver



HEALTH AND REHABILITATION CENTRE

Editor's Column

As we come into spring and summer, we leave behind us a very busy and active fall and winter at Hotel Dieu Shaver Health and Rehabilitation Centre.

The Hotel Dieu Shaver Auxiliary celebrated its 100th anniversary on Dec. 10, 2008.

The Centre itself will be 100 years old on Oct. 19, 2009. In recognition of this historical date, we began the year with a gala dinner and dance at Club Roma on Feb. 28, 2009.

As we proceed into 2009, our events will be in celebration of 100 years of servicing the citizens of Niagara Region.

On May 8 we will hold our third annual Mother's Day Past Night at Club Capri in Thorold and on August 15th our Annual Golf Tournament will take place at the Greens at Brock.

The Foundation extends our sincere gratitude to our donors who without your help we would not be able to support the Hotel Dieu Shaver Health and Rehabilitation Centre in purchasing vitally needed capital equipment to better serve patients and staff.

Robert (Bob) Bell
Executive Director

Hotel Dieu Shaver Makes National News

It was lights, camera, action at Hotel Dieu Shaver Health and Rehabilitation Centre when a film crew from the country's most-watched national morning news program, CTV's Canada AM, descended upon the Niagara healthcare facility to film a segment on the hospital's virtual rehab program.

Canada AM featured five rehabilitation hospitals from across the country and Hotel Dieu Shaver was selected as one of the five. The facilities were highlighted on the show individually during the week of Feb. 23. Hotel Dieu Shaver made its national television debut on Feb. 24.

Two patients were featured in the filming including Mr. Howie Triano, father of Toronto Raptor's head coach, Jay Triano. Also interviewed were Hotel Dieu Shaver CEO Jane Rufrano and Hotel Dieu Shaver's Manager of Neurology, Chris Pollard. Ms. Pollard was also live in the CTV studios for an interview following the feature.

"This was a great opportunity to show the



Neurology Manager, Chris Pollard, is interviewed by the film crew from CTV's Canada AM. The crew from Canada's most watched morning news program was at Hotel Dieu Shaver to film a feature on the centre's virtual rehab program.

entire country the great work that is being done by our staff, that more often times than not, results in wonderful success stories," said Ms. Rufrano. "It's great for them to receive this kind of attention and exposure, they work hard and they're very passionate about what they do; they deserve the recognition."

The virtual rehab program uses green screen technology that allows patients, whether they are able to stand or require the use of a wheelchair, to participate in activities like

swimming, volleyball, soccer and snowboarding, all in a virtual world.

In addition, the Hotel Dieu Shaver also uses the Nintendo Wii gaming system as part of its virtual rehab program. "These types of interactive games won't replace traditional therapy but they are a great addition to them," said Ms. Pollard. "They make therapy more fun and there is no doubt that there is both a physical and mental benefit to it."



Toronto Raptors' head coach and Niagara Falls native Jay Triano toured Hotel Dieu Shaver and gave a most impressive talk to patients and staff. Jay's talk on dealing with adversity related nicely to Hotel Dieu Shaver's own values and was inspiration to patients who are working hard to improve their health. Jay also took the time to acknowledge the staff for taking such great care of his father Howie.

A Rich History of Caring & Compassion

The Silver Dart made its first powered flight in Canada, gold was discovered near Cochrane, Ontario, the first Grey Cup Championship football game was played and Niagara's first and only Sanatorium Hospital was opened. The year was 1909 and it was the beginning of a long and celebrated history of a healthcare facility that today is known as the Hotel Dieu Shaver Health and Rehabilitation Centre.

Although the name and services of the organization have changed during the past century, this remarkable healthcare facility has maintained a reputation for providing excellent healthcare to people from St. Catharines and all across the Niagara Region. It was in 1972 that the sanatorium officially became a hospital under the Public Hospitals Act and the name of the facility was changed to the Shaver Hospital for Chest Diseases in honour of Dr. C.G. Shaver who was instrumental in the development of the organization. In 1984 the



Dr. Cecil G. Shaver played an instrumental role in the development of what is now known as Hotel Dieu Shaver.

name was shortened to the Shaver Hospital.

"This place really does have a history worth celebrating," said Jane Rufrano, CEO. "It has grown from humble beginnings to the leading

health-care organization it is today."

In fact the origins of the origi-

nal Shaver Hospital and the original Hotel Dieu aren't all that different. Both had very strong leaders, the Hotel Dieu had the Religious Hospitalers of St. Joseph and of course Dr. Shaver



Hotel Dieu's founding Sisters Mother Mary Immaculate Kennedy, RHSJ (seated) with Sister Veronica Callaghan RHSJ (left) and Sister St. Catherine Brennan RHSJ.

was a leader in establishing and advancing what became the Shaver Hospital. Both facilities were also established out of identified unmet healthcare needs in the community.

Today, the Hotel Dieu Shaver is Niagara's centre of excellence in rehabilitation, complex continuing care and geriatric services. With innovative programs, exemplary staff and on solid financial ground, the Hotel Dieu Shaver is destined to have an exciting future, playing a key role in providing specialized healthcare to the people of the Niagara Region.

Hotel Dieu Shaver



HEALTH AND REHABILITATION CENTRE

Patient's Poem Expresses Thanks to Staff

I am blessed, believe you
me,
To be in this Facility
You and your cheerful
loving crew,
Are so enthused
with what they do.
When I those cheerful
faces see,
My hope and strength
return to me.
Since the day I here ar-
rived,
My health and strength
have much revived.

Written by Mr. Jack Sinke



MOTHER'S DAY PASTA NIGHT

May 8, 2009 at Club Capri in Thorold
6:00 pm to 8:30 pm

Cost for Dinner: **\$15.00 ADULTS**
\$7.00 CHILDREN (under 10 years)



Proceeds to go towards purchase of Capital Equipment
at Hotel Dieu Shaver Health and Rehabilitation Centre



For Tickets contact Bob
at 905-685-1381 ext. 4216

*Hotel Dieu Shaver Health and Rehabilitation
Foundation Mission and Value Statement*

MISSION STATEMENT

*"The Mission of the Hotel Dieu Shaver Health
and Rehabilitation Foundation is to raise funds
and respect donor's gifts to enhance health care
at the Hotel Dieu Shaver Health
and Rehabilitation Centre*

VALUE STATEMENT

*"Committed to excellence in meeting
the needs of people we serve."*



Please support this worthy
cause sponsored by the
Hotel Dieu Shaver Health &
Rehabilitation Foundation.

Centre for Healthy Aging Officially Opens at HDS

The Hotel Dieu Shaver continues to expand its programs and services with the addition of the *Centre for Healthy Aging*. The Centre is home to Dr. William Molloy, one of the nations leading experts in geriatric care. Dr. Molloy does geriatric consultation with a focus on dementias. He works closely with the family and is part of a multi-disciplinary team that includes nurses, social workers, physiotherapists and occupational therapists.

The *Centre for Healthy Aging* was made possible by a very generous donation from the Religious

Hospitaliers of St. Joseph. After being inspired by a presentation they saw from Hotel Dieu Shaver CEO Jane Rufrano about the wonderful work that is being done at Niagara's centre of excellence in rehabilitation, complex continuing care and geriatric services, they made a donation of \$10,000 to help continue the mission and great progress that has taken place during the past four years.

"It was very nice for the Sisters to recognize the work that is being done here," said Ms. Rufrano. "They believe strongly in what we are doing and I think this gift reflects that."



From left: Sister Jacqueline DesRoches RHSJ, Jane Rufrano, CEO, Dr. Jack Luce, Chief of Staff and Sister Louise Dillon RJHS, Director of Mission and Pastoral Care.



Bob Bell and his wife Ruth take a stroll down memory lane at the Hotel Dieu Shaver Gala celebrating 100 Years of Caring and Honouring Bob's lifetime achievements.



Two-time Olympic medalist and Niagara resident Tonya Verbeek shows off her 2008 Bronze medal in women's wrestling to a Hotel Dieu Shaver patient and staff member during her tour of the facility.

Hotel Dieu Shaver patients were treated to a Niagara Ice Dogs game thanks to the generosity of owner Bill Burke. Seen here with Ice Dogs mascot Bones is Recreation Therapy Assistant Kelly Vaughan (middle) and Recreation Therapist Melissa Allen (far right) and patients.



Hotel Dieu Shaver Foundation Executive Director Bob Bell with this year's Angels, Hailey and Grace, following the kick-off to the annual Snowflakes and Angels Campaign. The annual fundraiser was a great success bringing in more than \$75,000.00. Thank you to all those who supported this year's campaign.



Yes, I would like to support Hotel Dieu Shaver!

541 Glenridge Avenue
St. Catharines, ON L2T 4C2

Here's my gift of : \$40 \$75 \$100 Other \$ _____

Please make cheque payable to Hotel Dieu Shaver Foundation.

Official tax receipt will be issued. BN# 88931 7590 RR0002

Name: _____

Address & Postal Code: _____

Payment by:

Cheque Visa Master Card

Card Number _____

Expiration Date _____

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**HOTEL DIEU
SHAVER
HEALTH AND
REHABILITATION
FOUNDATION**

**What your support has
helped us purchase:**

- Acudose Pharmacy System \$99,733.00
- Rehab Pool Renovations \$200,661.00
- Pac Med Unit Dose System \$179,360.00
- 4 Electric Beds \$48,120.00
- 4 Heart Start Defibrillators \$6,093.00
- Bariatric Plynth \$3,319.00
- Bladder Scanner \$15,926.00

For more information or to make a donation, please

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The Hotel Dieu Shaver Health and Rehabilitation Foundation is proud to support the work of:



**Foundation Board Member
Given Prestigious Award**

Hotel Dieu Shaver Foundation's very own Captain Jerry Bissette was recently awarded the prestigious Captain Ludington Award by the International Shipmasters Association. He is the first Canadian to ever receive this award which recognizes lifetime achievement as a Captain and contributions to the International Shipmasters Assoc. Captain Bissette first began sailing in 1947 for the Upper Great Lakes and St. Lawrence Transportation to pay his way through school. He earned his 2nd mate license in 1956, received his 1st Mate license in 1972 and his Masters license in 1975. From 1978 until retirement Capt. Bissette served as a steady Master on various vessels.



Captain Jerry Bissette.

**Hotel Dieu Shaver Health and
Rehabilitation Centre**

Mission

Hotel Dieu Shaver Health and Rehabilitation Centre is a community of holistic and compassionate care for all those who seek our service and those who serve. As a Roman Catholic facility, grounded in God's love, we provide the resources and care to enable people to reach their optimal level of health and well being.

**Hotel Dieu Shaver Health and
Rehabilitation *Foundation***

Mission

The mission of the Hotel Dieu Shaver Health and Rehabilitation Foundation is to raise funds and respect donor's gifts to enhance health care at the Hotel Dieu Shaver Health and Rehabilitation Centre.

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