

HDS EMPLOYEE WELLNESS COMMITTEE RETURNS:

HEALTHY HABIT BINGO!

THE 7 WEEK CHALLENGE FILLED WITH VARIOUS HEALTHY PRACTICES IS BACK,
WITH NEW & IMPROVED WEEKLY CHALLENGES!

SIGN UP TO RECEIVE A BINGO CARD & COMPLETE THE WEEKLY CHALLENGES
FOR A CHANCE TO FILL YOUR CARD. THE MORE CHALLENGES YOU COMPLETE,
THE MORE ENTRIES YOU HAVE TO WIN GREAT PRIZES!

HANG YOUR CARD UP IN YOUR DEPARTMENT & CHALLENGE YOUR
COLLEAGUES!



PRIZES: GIFT CARDS & MORE!

CHALLENGE STARTS: OCTOBER 28TH, 2019

TO PARTICIPATE OR FOR MORE DETAILS E-MAIL:
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