

## HOTEL DIEU SHAVER STOPS TRAFFIC FOR HEART & STROKE!



On Tuesday, June 25th Hotel Dieu Shaver staff and patients participated in Heart and Stroke's Big Bike fundraiser, riding in support of Stroke research. Hotel Dieu Shaver's team was lead by Speech-Language Pathologist, Maggie LaPlante, raising over \$3,500 for the cause. The team rode from Montana's Cookhouse & Bar and stopped traffic to bring awareness for those whose lives have been impacted by a Stroke. Way to go HDS!

## NIAGARA GOLF MARATHON

On June 4th, 40 golfers participated in the 2019 Niagara Golf Marathon, playing 100 holes of golf and raising \$38,000 for Hotel Dieu Shaver Foundation. As Niagara Golf Marathon celebrates its 10th year, over \$400,000 has been raised to date for charities across Niagara Region.



## • LUDZY'S CHARITY GOLF CLASSIC

Over 144 golfers took to the greens on Thursday, July 11th in support of The Steve Ludzik Foundation. Participants golfed with various celebrity guests at Grand Niagara raising funds for the Steve Ludzik Centre for Parkinson's Rehab at Hotel Dieu Shaver.



## MISSION MOMENT



## : HOTEL DIEU SHAVER'S ANNIVERSARY BBQ!



On Thursday, August 1st Hotel Dieu Shaver staff, patients and family, volunteers & members of the Board celebrated the 14th Anniversary of Hotel Dieu Shaver in the Healing Garden! Guests enjoyed a delicious BBQ served by HDS' management and were entertained by our Patient Advisor, DJ Fred!

## EMPLOYEE SPOTLIGHT: LYNNE PAY



### What is your current position/role?

I am the Vice President of Corporate Services and am currently honoured to be also serving as the Interim CEO for the Hotel Dieu Shaver.

**How long have you been with HDS?** I have been with HDS since September of 1999 – joining the Hotel Dieu Hospital on Ontario Street and then moving to the HDS site in August of 2005. Previously, I had worked with the Niagara Regional Police, the former Welland Separate School Board and Domtar.

**What is the best part of your job?** The best part of my job is interacting with the great team that works here and being made to feel a part of the dedicated, committed, and enthusiastic family at Hotel Dieu Shaver.

**What advice would you give someone who is newly joining the HDS team?** Know that this is an exceptional place to work – that all team members are respected, supported and encouraged to engage in innovative, creative and best practice measures to best meet the needs and enhance the experience of our patients in any and every role we play at this Hospital. It is an environment that cannot be taken for granted and needs all of our time and attention to ensure that we extend the same care, compassion and hope to each other, as we do to the patients we serve. We are all blessed to be in the company of each other.

**When you aren't working at HDS, what do you like to do in your spare time?** When not suffering through another tortuous game with my beloved Buffalo Bills, I like to spend time with my extended family and friends and travel about the Niagara region and elsewhere. I majored in Canadian labour and social history and love to learn more about the history and chronicles and contributions of all peoples that have brought us to where we are today. Including the long standing and significant contribution of our own Sisters of the Religious Hospitallers of St. Joseph of the Hotel Dieu – who helped first bring healthcare to our country -- and our proud role in helping to continue their legacy of meeting the unmet needs of the community.

**If you could witness any historical event, what would you want to see?** Canada's Confederation in the company of our founding fathers (and mothers!). I would have liked to have been at the Charlottetown Conference when negotiations first took place to bring the Maritime and present day Ontario and Quebec provinces together – I love the metaphor that Canadian Confederation was sailed in on a sea of champagne and general good cheer, as opposed to Revolution and violence as was the case with many other countries. Good Canadian traditions at work!

**What is your favourite family tradition?** Christmas – we say our home is like the Statue of Liberty – all of my relatives converge at our home. It is a lot of work but well worth it for the fun, good food and comraderie.

**What is your favourite quote/saying?** Well – my mother was from the Maritimes and she and my aunts and grandmother “shared” many great sayings with us throughout the years. My favourite has to be “It's better than a kick in the (butt) with a frozen boot”. Good saying – comes in handy often and helps to keep things in perspective!

**If you were stuck on an island, what 3 items would you bring?** I don't like this question – I would want to bring my husband, two adult children and my grand cat, who is grouchy at the best of times. I don't feel it is fair to drag them all to the island – unless it is Merritt Island for a hike, in which case crabby grandcat can't come. So I will exercise my right to pass and call a friend.

WELCOME TO HDS!



Kathryn (Katie) Brady joins the HDS team as Coordinator, Health Data and Human Resources. Katie will be working closely with all of HDS' volunteers sharing duties from both the Health Data and Human Resources Departments. Katie's background is working in Long Term Care as a Staffing Coordinator. She is a Niagara College graduate, of the Business Program & and currently working towards her CHRP designation. She stays busy by volunteering at the Soup Kitchen in Niagara Falls and being the best mom to Blaire!

Ben joins Hotel Dieu Shaver Foundation as Multimedia Coordinator through the Canada Summer Jobs Program. After forming his own video production company in high school, Ben went on to graduate from the Film Production program at RCC Institute of Technology's Toronto Film School. He has worked on a variety of feature-length and short films in Toronto and operates a small digital design company. He is currently attending Brock University's Technological Education program with a teachable in Communications Technology.



WATERMELON FETA SKEWERS

INGREDIENTS

- 1 medium watermelon, cut into 1" cubes
- 1 bunch of basil leaves
- 12 oz block feta, cut into 1" cubes
- Balsamic glaze, for drizzling

DIRECTIONS

- Assemble skewers by layering watermelon, feta & basil leaf on a serving platter
- Drizzle stacks with balsamic glaze
- Place a toothpick through each stack for easy sharing

NADINE CHAMPIS COMPLETES PROFESSIONAL LEADERSHIP DEVELOPMENT CERTIFICATE



Nadine Champis, Development Manager of Hotel Dieu Shaver Foundation, completed The Professional Leadership Development Certificate. This program is held in partnership with the Greater Niagara Chamber of Commerce and the Goodman School of Business at Brock University and aims to help improve efficiency and productivity. Students in this six-week program gain leadership insights from leading academics and experienced industry leaders in the following topics: Leadership Challenges, Coaching, Business Communications, Mentoring, Human Resources, and Creative & Critical Thinking. Funding for the program was secured by the Foundation through the Canada-Ontario Jobs Grant which covered 80% of the cost. Congratulations Nadine!

RECYCLE YOUR BATTERIES & RAISE FUNDS FOR HDS FOUNDATION!

Every year thousand of used batteries are collected across Niagara Region to keep them out of landfills, but did you know they can also help local charities?



In 2010, Jack Sinke, a grateful patient at HDS who has suffered a stroke and wanted a way to give back, started an organization called United For Others (UFO). Mr. Sinke, with the help of a local recycler, collects the batteries and directs the proceeds to support Hotel Dieu Shaver and Community Care of St. Catharines & Thorold.

Drop your batteries off at one of the 115 battery bins across Niagara Region and help build a healthy and strong community!

For more information contact Nadine at (905) 685-1381 x84214 or visit HDS Foundation.