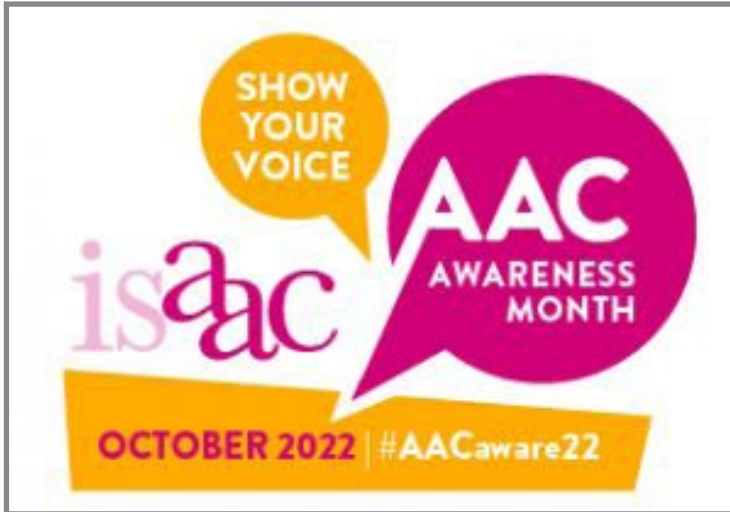
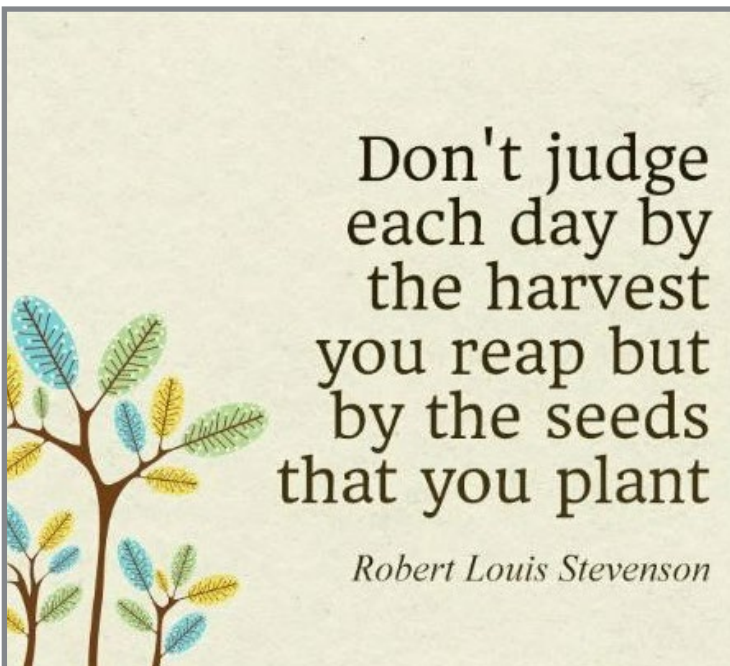


## AAC MONTH: SHOW YOUR VOICE



The theme of this year's Augmentative and Alternative Communication Awareness Month is Show Your Voice! Having a voice and showing it can mean different things to different people. One way to show a voice is literally, by displaying the technology and methods used to speak. Another way to show a voice is by displaying technology and methods to advocate for people, causes, and change in the world. [Watch here](#) to learn more about how our AAC team empowers our patients to show their voice.

## MISSION MOMENT



## OCCUPATIONAL THERAPY MONTH



During Occupational Therapy Month, it is a great time to educate our community on the role of an Occupational Therapist. Our OT's work with our patients & their families to create solutions that allow them to overcome challenges in their every day life that may have arisen from injury, illness or the aging process. Every day activities, like going to work or putting on socks - tasks that were once easy - may not be so simple any more. Thank you to our Occupational Team for providing our patients with the knowledge and tools they need to gain back their independence.

## THANKSGIVING GRATITUDE



As Hotel Dieu Shaver staff, physicians and patients headed into the Thanksgiving long weekend, we were once again overcome with gratitude. Denise, from Aspira Heatherwood Retirement Living, delivered cookies and tea for HDS' staff, physicians and patients, each with a hand written inspiring message. As many of our staff, physicians and patients were at HDS away from their families, while most were enjoying Thanksgiving dinner, HDS was feeling incredibly grateful for this act of kindness.

# HDS FOUNDATION NEWS

## 50/50 PAY DAY LOTTERY



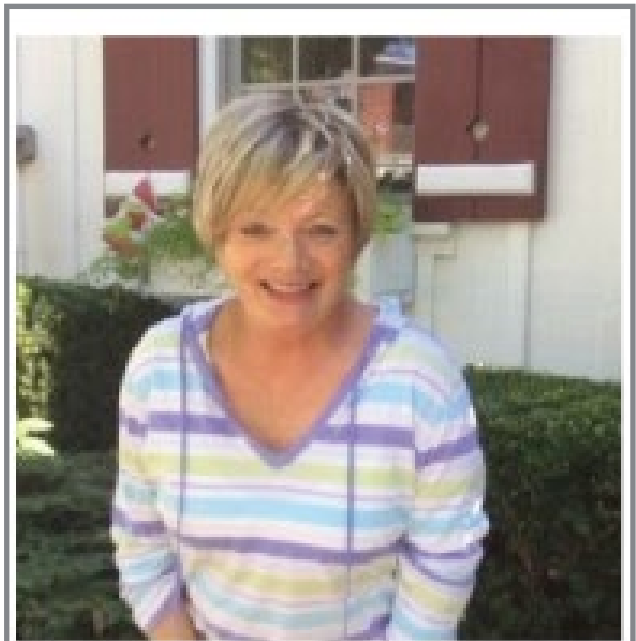
A bi-weekly 50/50 Pay Day Lottery – exclusively for HDS Staff! Tickets are \$5 each (max 5 tickets per person). The jackpot is growing!! Don't miss out! **You can't win if you don't sign up!**

## HOTEL DIEU SHAVER FOUNDATION'S CELEBRITY ICE CUP IS BACK!



The Celebrity Ice Cup is a two-day charity hockey experience designed for amateur hockey players to play with and against legendary NHL alumni! Join team "HDS Angels" or create your own team! **Learn more!**

## TINA SHARES HER JOURNEY TO REHABILITATION



The day I tried on my first wig!

I couldn't imagine where I would be physically, emotionally and spiritually had I not had the opportunity to attend The Rankin Family Cancer Rehab Program. **Read more!**