

## Introduction

The Referral Options for Bedded Rehabilitative Care Programs/Services was developed by the Rehabilitative Care Alliance (RCA) to assist referrers when looking for rehabilitative care programs in bedded levels of care.

This Referral Options tool is a standardized provincial tool that provides information on rehabilitative care provided by Regulated Health Professionals (RHPs) in hospital-based designated inpatient rehab beds, complex continuing care beds and convalescent care beds that fall within the following 4 bedded levels of rehabilitative care:

- ▲ Rehabilitation
- ▲ Activation/Restoration
- ▲ Short Term Complex Medical Management
- ▲ Long Term Complex Medical Management

**Hotel Dieu Shaver Health and Rehabilitation Centre** offers the following programs:

- ▲ Rehabilitation
- ▲ Short Term Complex Medical Management

The table below highlights the key features of the bedded levels of rehabilitative care at **Hotel Dieu Shaver Health and Rehabilitation Centre** to help you determine which level best meets the rehabilitative care needs of patients. Full descriptions of the levels are available [here](#).

Rehabilitation		Short-Term Complex Medical Management
High Intensity	Low Intensity	
<p><b>Functional Goal:</b> <u>Progression</u></p> <p><i>Time-limited, coordinated interprofessional high intensity rehabilitation plan of care through a combined and coordinated use of medical, nursing and health professional skills.</i></p> <p><b>Target Population:</b> Medically manageable, able to participate in comprehensive rehabilitation program</p> <p><b>Estimated LOS:</b> Typically, a range of 7 – 40 days. Based on best practice targets and discharge indicator considerations. Rehab team to confirm LOS for specific program.</p> <p><b>Discharge Indicator:</b> Access to MD/nursing care no longer required; identified bedded rehab goals met; additional progress can be achieved in the community.</p> <p><b>Medical Care:</b> Daily physician access</p> <p><b>Nursing Care:</b> Typically, up to 3 hrs/day. Some patients may require up to 4 hrs/day</p> <p><b>Therapy Care:</b> Direct care by regulated health professionals and as assigned to non-regulated professionals</p> <p><b>Total minutes of direct assessment and/or therapy per day:</b> 60 – 180 mins of therapy based on patient’s tolerance.</p>	<p><b>Functional Goal:</b> <u>Progression</u></p> <p><i>Time-limited, coordinated interprofessional low intensity rehabilitation plan of care through a combined and coordinated use of medical, nursing and allied health professional skills.</i></p> <p><b>Target Population:</b> Medically manageable, able to participate in comprehensive rehabilitation program</p> <p><b>Estimated LOS:</b> Typically, a range of 30 – 60 days. Based on best practice targets and discharge indicator considerations. Rehab team to confirm LOS for specific program.</p> <p><b>Discharge Indicator:</b> Access to MD/nursing care no longer required; identified bedded rehab goals met; additional progress can be achieved in the community.</p> <p><b>Medical Care:</b> Daily physician access</p> <p><b>Nursing Care:</b> Typically, up to 3 hrs/day. Some patients may require up to 4 hrs/day</p> <p><b>Therapy Care:</b> Direct care by regulated health professionals and as assigned to non-regulated professionals</p> <p><b>Total minutes of direct assessment and/or therapy per day:</b> 30 – 60 mins of therapy based on patient’s tolerance.</p>	<p><b>Functional Goal:</b> <u>Stabilization &amp; Progression</u></p> <p><i>Medically complex and specialized services to avoid further loss of function, increase activity tolerance and progress patient.</i></p> <p><b>Target Population:</b> On admission, typically have limited physical and/or cognitive capacity to engage in rehab due to medical complexity but believed to have restorative potential.</p> <p><b>Estimated LOS:</b> Up to 90 Days</p> <p><b>Discharge Indicator:</b> Medical/functional recovery to allow patient to safely transition to next level of rehab care or alternate environment</p> <p><b>Medical care:</b> Access to scheduled physician care/daily medical oversight</p> <p><b>Nursing Care:</b> Typically, &gt; 3hrs /day</p> <p><b>Therapy Care:</b> Regulated health professionals to maintain/maximize cognitive, physical, emotional, functional abilities.</p> <p><b>Total minutes of direct assessment and/or therapy per day:</b> 15 – 30 mins of therapy based on patient’s tolerance.</p>

Rehabilitation			Short-Term Complex Medical Management
High Intensity	Low Intensity		
<p><b>Program Name:</b> Rehab High Intensity</p> <p><b>Location:</b> Hotel Dieu Shaver Health &amp; Rehabilitation Centre, 541 Glenridge Ave, St. Catharines, ON L2T 4C2</p> <p><b>Number of Beds:</b> 37</p> <p><b>Access:</b> Direct Referral to Hotel Dieu Shaver by Fax- 905-685-0206</p> <p><b>Average LOS:</b> Determined by rehabilitation patient group (RPG) length of stay (LOS) targets based on the needs of the individual.</p> <p><b>For Further Information:</b> Admission Nurse Assessor Contact Number: 1-905-685-1381 Extension: 83299</p> <p>Contact: Director of Rehabilitation 905-685-1381 ext. 85276</p>	<p><b>Program Name:</b> Rehab Low Intensity</p> <p><b>Location:</b> Hotel Dieu Shaver Health &amp; Rehabilitation Centre, 541 Glenridge Ave, St. Catharines, ON L2T 4C2</p> <p><b>Number of Beds:</b> 80</p> <p><b>Referral Process:</b> Complete HNHB OHaH Acute to Rehab and Complex Care (CCC) Referral package &amp; Regional Complex Care (CC) Program Letter of Understanding</p> <p>Fax referral to HNHB OHaH: 1-866-790-4642. Fax 905-639-6688</p> <p><b>Rehab Intensity Readiness:</b></p> <ul style="list-style-type: none"> <li>➤ May participate in up to 1 to 2 hours of therapy per day</li> </ul> <p><b>For Further Information:</b> Admission Nurse Assessor Contact Number: 1-905-685-1381 Extension: 83299</p>	<p><b>Program Name:</b> Complex Care – Medically Complex</p> <p><b>Location:</b> Hotel Dieu Shaver Health &amp; Rehabilitation Centre, 541 Glenridge Ave, St. Catharines, ON L2T 4C2</p> <p><b>Number of Beds:</b> 12 (incorporates Short Term Complex Medical Management &amp; Long Term Complex Medical Management)</p> <p><b>Referral Process:</b> Complete HNHB OHaH Acute to Rehab and Complex Care (CCC) Referral package &amp; Regional Complex Care (CC) Program Letter of Understanding</p> <p>Fax referral to HNHB OHaH: 1-866-790-4642. Fax 905-639-6688</p> <p><b>For Further Information:</b> Admission Nurse Assessor Contact Number: 1-905-685-1381 Extension: 83299</p>	