

DR. KHAN DONS BOXING GLOVES FOR HOTEL DIEU SHAVER IN PEARL GLOVES CHARITY BOXING EVENT



Hotel Dieu Shaver's physiatrist, Dr. Omar Khan, has been accepted into the Pearl Gloves Charity Boxing event, taking place November 29th, as a member of the blue team!

Pearl Gloves is a charity boxing event featuring everyday folk training as fighters, stretching themselves to their limits and getting punched in the face, for a good cause, in front of hundreds of their closest friends, family, community members and business associates. This unique fundraising event has raised over \$400,000 to date for MS Society, Hotel Dieu Shaver Foundation and Power Cord in Niagara.

HOW YOU CAN GET INVOLVED:

Help Dr. Khan choose his fight name - all submissions can be e-mailed to Omar.Khan@hoteldieushaver.org by October 4th.

To contribute to Dr. Khan's fundraising efforts please visit:

<https://pearlgloves.ca/donate/index.php>

Stay tuned for upcoming fundraising events.

Congratulations Dr. Khan - HDS is in your corner!

"MUSIC FOR WELLNESS" AT HDS

Singing can be heard in the hallways of HDS. Since April 2019 we have offered sessions entitled "Music for Wellness" through the Therapeutic Recreation program. Each session is open for up to 12 patients from across the hospital. Accredited music therapist Laura Belet leads this engaging program which involves patients in playing instruments, singing, and song making. The feedback from patients has been very positive. Hotel Dieu Shaver looks forward to continuing this program through the fall.



SUMMER MISSION TRIP

Maria Triebe, RN on 1 West, travelled to Ghana from June 5-19th on a mission trip. Together, her group brought 10 suitcases filled with various items including flip flops, toys & HDS sunglasses (pictured below)! Children in the villages Maria visited are unable to attend school without shoes, so the flip flops they brought were life changing! They even left behind their suitcases, as they will act as dressers to store clothes, instead of leaving them on the muddy floor. Thank you to everyone who supported Maria & thank you Maria for your selflessness and dedication to others! #WeAreHDS



SARANCHUK FAMILY



On August 28th George & Colette Saranchuk, along with their children and grandchildren, visited Hotel Dieu Shaver for a special unveiling. HDS is excited to share the naming of the main boardroom - the W.M. (Bill) Saranchuk Boardroom! George and Colette generously

donated \$25,000 to HDS Foundation & named the Boardroom in memory of their loving brother & uncle. Thank you Saranchuk Family!

EMPLOYEE SPOTLIGHT: KELLI JOHN



What is your current position? Health Records Clerk/Transcriptionist

How long have you been with HDS? 5 years

What is the best part of your job? I enjoy the variety that my position provides on a daily basis. I'm never bored.

Where is your favourite place to be? Anywhere, surrounded by family!

What is your favourite family tradition? Christmas

dinner all together with my family!

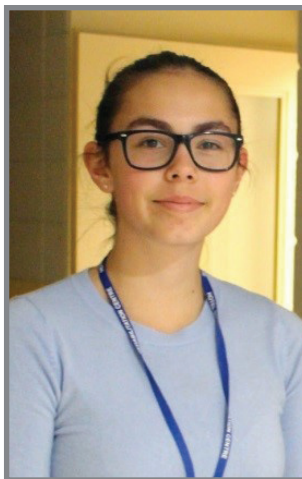
What is your favourite quote/saying? Don't sweat the small stuff!!!

PARKINSON'S PROGRAM EXPANSION



Hotel Dieu Shaver's Outpatient Program at the Steve Ludzik Centre for Parkinson's Rehab has been able to temporarily expand the service thanks to the HDS Foundation. Beginning in July 2019 through April 2020 the program has expanded to 2 full therapy teams on Mondays and Wednesdays. The additional team doubles the enrolment in the program which services patients from across the Niagara Region who are living with Parkinson's disease. The goal is to significantly reduce the wait time for patients being referred to this innovative rehab program.

GOOD LUCK KATIE!



Katie Kathiresan has been volunteering with Hotel Dieu Shaver Foundation since 2013, when she was just 14 years old, earning volunteer hours for secondary school.

Even after her required hours were completed, Katie continued to help out with events, filing, and other general office duties.

Members of the Foundation office are sad to see Katie go this summer, as she graduated high school and was accepted to the University of

British Columbia. She will be working towards a double major in science and business. All the best Katie!

CARPENTRY PROGRAM



Hotel Dieu Shaver's patients have been hard at work, literally. With guidance from Rehabilitation Assistant, Bruce McLean and a dedicated volunteers, patients created 152 beautiful cutting boards that were ordered by Wise Girls of Niagara. The boards were gifted to golfers who participated in the Tee Party Charity Golf Tournament on August 12th. Way to go Bruce and team!

ACCESSIBILITY UPDATE



As part of Hotel Dieu Shaver’s mission to deliver the best care to its patients, the North West Entrance pedestrian walkway has been renovated to safely accommodate accessibility traffic. The pedestrian walkway has been improved to meet best practices by adhering to the Ontario Accessibility Standard and Ontario Building Code. This project is one example of the hospital’s relationship with its patients and our interest in promptly rectifying hazards as identified. Thank you to Stolk Construction who constructed the pedestrian walkway for us.

WHEN LIFE GIVES YOU LEMONS ...



Avery and Emmett, sons of Tessa Caroli, CDA in HDS’ Speech-Language Pathology (SLP) Department, decided to run a lemonade stand at their family’s recent garage sale. These industrious young men decided they wanted to donate all of their hard-earned dollars towards “Mommy’s hospital”. With a little help from Mom, they purchased an i-Tunes card for \$60 which will be used

to purchase apps for the SLP Inpatient and Outpatient Volunteer iPad Program. That’s a lot of lemonade – 120 glasses to be exact! A big thank you goes out to Emmett and Avery for a job well done and giving back to the community!

The SLP iPad Program is supervised by the SLP’s and is operated by university student volunteers who work 1:1 with patients, based off of an individualized plan, focusing on providing patients with extra cognitive and language stimulation. The program is in its 4th year and helps patients become less intimidated by this technology, while working toward their therapy goals. On discharge, some patients purchase tablets to continue independent practice at home.

KEEP IN TOUCH



MISSION & PASTORAL SERVICES

HDS’ Annual Memorial Service was held in the chapel on Saturday, June 29th. HDS was pleased to welcome several family members and friends of patients who died during the past year. Many individuals expressed their gratitude to the hospital and the excellent care which their loved ones received while at Hotel Dieu Shaver.

THE HEALING GARDEN



The Healing Garden has been a source of healing and solace for the patients, families and staff. Chaplains often accompany patients to the gardens and gazebos for conversation, support and prayer. HDS is blessed that a local garden centre has provided the flowers to enhance the beauty of the gardens.

MISSION MOMENT

Staff members continue to practice HDS’ mission everyday, as they care for those who seek its services. Recently a patient indicated that the care he has received at Hotel Dieu Shaver made him feel very special and that these days of being hospitalized have been happy days in his life. As well, a member of HDS’ Housekeeping staff searched the grounds, on her break, and found a significant amount of cash, which a patient had lost on a windy day while outdoors.



**Please join us
for our annual
ALL STAFF PHOTO**

Tuesday, October 1st
11:45 AM
on the lawn behind the
Healing Garden

(location subject to change based on weather)

#WeAreHDS

HOTEL DIEU SHAVER HEALTH AND REHABILITATION CENTRE

Gift Shop

FEATURE OF THE WEEK!

PONCHOS & CAPES

BUY ONE, GET ONE

50% OFF

SECOND ITEM MUST BE EQUAL OR LESSER VALUE

Join us for an evening of HDS **EMPLOYEE, PHYSICIAN & RETIREE** Recognition

Instagram



Hotel Dieu Shaver



Long Service Awards!
#WeAreHDS



Thursday, November 7

Club Roma

125 Vansickle Rd, St. Catharines

5:30pm - Registration & Cocktails

6:00pm - Dinner

7:30pm - Awards Presentation

Ticket Price: \$20

**See Kris Lidstone by October 30 to
purchase your ticket**

kris.lidstone@hoteldieushaver.org

(905) 685-1381 x84211

COME OUT & SUPPORT YOUR COLLEAGUES! #WEAREHDS