



APRIL 2022

SOUTH NIAGARA HEALTH AND WELLNESS CENTRE TEMPORARILY RELOCATES



The South Niagara Health and Wellness Centre, previously located at Niagara College's Welland campus, has temporarily moved to St. Catharines. This program is now located at 234 Bunting Road for the time being. South Niagara is a valuable program within our community, as its purpose is to support older adults who have recently been discharged from hospital or those who are at risk for hospitalization.

The benefits of this program include increasing functional independence at home, assisting patients to set realistic goals, facilitating early supported discharge from hospital and avoid re-admission, empowering patient and families to integrate into the community and improving patient and families experience with transition from hospital to community.

The South Niagara Health and Wellness Centre is a partnership between Niagara Region, Hotel Dieu Shaver, Niagara College, and March of Dimes.

MISSION MOMENT ... IN ACTION

Over the Easter weekend, one of our frontline staff members, who works in the front entrance of our hospital, responded to a young person who was seeking help for an addiction. This HDS staff member, with sincere compassion and kindness, found a resource to assist this individual. With permission, our staff member gave this person in need a taxi slip, enabling them to get the help they were seeking.

This is indeed an example of our mission in action.

HDS GOES ORANGE!



FABRIC DONATIONS NEEDED





Since the pandemic has begun, our volunteers have been unable to be onsite with us; however, they have continued to support HDS and our patients from a distance. Several HDS volunteers have a long standing history of sewing handmade wheelchair bags for our patients. Once our patients are discharged, they then take these bags home with them.

If you would like to donate fabric for this initiative, or know someone who may be interested, please deliver the fabric to Human Resources. The fabric will be shared with our dedicated volunteers who will continue to sew these bags with love and support for our patients.

PARKINSON'S AWARENESS MONTH



April is Parkinson's Awareness Month #PartnersInParkinsons



Sandy began her career in Toronto at the OBGYN and Level 2 nursery at Toronto General Hospital. Sandy continued working in Toronto, but changed her nursing focus to spinal cord injury and neurosurgery patients working in intensive care, trauma and specialty units in the downtown core.

Sandy was never one to sit still and continued to move through a variety of leadership positions, while successfully completing her Advanced Practice Nurse Designation. While at the University Health Network, she developed professional practice models and standards and led the nursing departments through a variety of changes. Sandy has displayed a passion for research and has authored and contributed to many research papers and studies.

In 2002, Sandy became an instructor in the Nursing department at Brock University.

Sandy has contributed in many ways to the Hotel Dieu Shaver family, once working as the Chief Nursing Officer, then in 2010 as Safety Officer, and finally finishing her career as Manager of Inpatient Rehabilitation on 1 East and 1 West. Sandy has provided so much leadership at HDS, that it is impossible to list all of her accomplishments.

We will remember her time here as an accomplished expert in wound management and behavioral management. Sandy has been the "go to person" for medication management, medical directives and multiple policies and order sets. There is no part of HDS that has not been touched by Sandy!

Sandy lives in St. Catharines with her two sons and husband Scott. She is an avid reader, accomplished hiker and a world traveler.

She will be missed by all at HDS, but especially by our team in the Nursing office. We wish Sandy all the best as she transitions to this new stage in her life.



SAVE THE DATE: DOCTOR'S DAY



THURSDAY, MAY 5, 2022 8:00 AM - 9:00 AM DIEU DROP-IN CAFE & BISTRO

SPIRIT SPOTLIGHT

After surgery on my hand for Dupuytren's Syndrome, I was referred to Hotel Dieu Shaver for outpatient rehabilitation, and had the great fortune to work with OT Christina Morinello. My surgical outcome has turned out better than expected - I have full functionality and improving sensation - due in large part to Christina's expert knowledge and motivational encouragement. We are blessed to have health care professionals like her serving our community. Brava Christina!"



PATIENT STORY: KATHLEEN M



Kathleen has always considered herself a nighthawk.

It was around 2:00 a.m., the morning that she slipped on her hardwood floors while putting things away around the house, and broke her femur. Up until that point, Kathleen lived on her own, cooking, ironing and cleaning (just as high as she could reach), in the house that her and her husband built a wonderful life together in.

Because she now lives alone, Kathleen's children always made sure she had her Lifeline medical alert system handy, just in case. That morning around 2:00 a.m., when she slipped, she alerted Lifeline and help was on the way.

After undergoing surgery to repair what was deemed an unusual break, which would result in a lengthier recovery, on December 9th Kathleen was transferred to Hotel Dieu Shaver to begin her rehabilitation journey.

Read more about Kathleen's rehab journey at HDS here
VOLUNTEER APPRECIATION WEEK



This week we celebrate a group that we hold incredibly close to our hearts, our volunteers and Patient and Family Advisors! Through their service, our volunteers bring empathy, compassion and generosity to our patients and their family's while in hospital and we could not be more grateful!

HDS FOUND ATION NEWS

NEW DRIVING SIMULATOR



The new Driving Simulator has arrived at HDS and is now in use! This state-of-the-art equipment was purchased thanks to the generosity of long-time supporters Mountainview Building Group.

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Into the Future... Innovating with Rehabilitation **Technology at HDS**

Bioness Integrated Therapy System (BITS) is an advanced "all-in-one" multi-disciplinary tool that offers patients engaging, customizable therapy across a continuum of care.

By securing leading-edge technologies that our therapy team can utilize, we will be streamlining rehabilitation care and providing creative and engaging ways to meet our patients' needs.

Our goal is to raise \$50,000 to bring this innovative rehabilitation technology to HDS.



Help us "put the pieces together" << Learn More >>

Hotel Dieu Shaver Foundation received \$2,730 toward the purchase of priority natient care equipment !

SLEEP CHEAP CHARITIES REAP

COMMUNITY RALLIES



HDS Foundation received a generous gift from our friends at the Royal Canadian Legion Branch 4 - Welland allowing us to purchase a Vital Signs Monitor.

Pictured: Paul Racicot (President), Kristina Manzi (HDSF), and Jocelyne Noël-Hallé.



In honour of National Volunteer Week, we would like to shine a light on Jack Sinke - the driving force behind a battery-recycling project raising money for HDS. Jack, who recovered from a stroke at HDS in 2009, was so impressed by the compassion and care he received, started planning a fundraiser from his hospital bed. Learn how Jack turned this idea into more than \$130,000 for patientcare equipment!

Read more about Jack's story here

JOIN HDS AT THE 2022 RANKIN R



Proceeds from the Rankin Cancer Run help fund cancer care programs in our community. DID YOU KNOW the Rankin Family Cancer Rehab Program at HDS was launched thanks to the support received from the Rankin Family and the Rankin Cancer Run!

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