

the SPIRIT

OLYMPIC WEEK IGNITES SPIRIT THROUGHOUT HOTEL DIEU SHAVER

In honour of Canada participating in the 2022 Winter Olympics in Beijing, Hotel Dieu Shaver hosted Olympic Week at HDS from February 7-11. Each day of the week was given a theme and staff, physicians, patients and volunteers wore the appropriate attire to show their support. Staff submitted pictures to HDS' Communications department for an opportunity to win an HDS toque or Don't Ever Quit shirt. As the week went on, pictures got more and more creative each day.

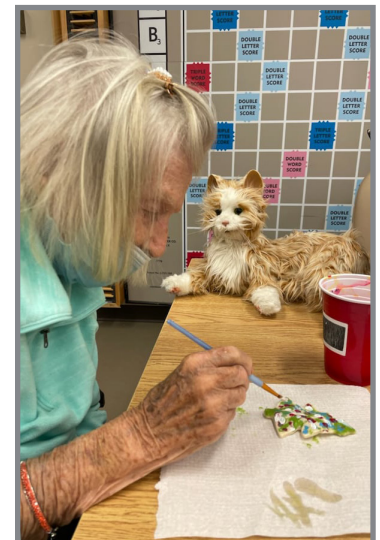
Thank you to everyone who participated in Olympic Week - over 100 pictures were submitted. The draw will take place on Tuesday, March 1st.



FEBRUARY IS THERAPEUTIC RECREATION MONTH

The purpose of Therapeutic Recreation is to enable all individuals to achieve quality of life and optimal health through meaningful participation in recreation and leisure. Therapeutic Recreation recognizes the importance of the recreation experience and supports all individuals in having full access to and the freedom to choose recreation and leisure opportunities.

At Hotel Dieu Shaver, we are incredibly grateful to have such a wonderful Rec Therapy team - Kelly, Matty & Laura! Whether it is ordering Swiss Chalet lunches, taking our patients to the Winter Festival of Lights, hosting Bingo and Scrabble games or one on one coffee visits, our Rec Therapy team knows how to creatively and compassionately engage and entertain our patients so their spirits are lifted. Keep up the great work, Rec Therapy!



MISSION MOMENT

♥ 15 Random Acts of Kindness ♥

1. Hold the door open for someone.
2. Compliment a friend.
3. Bring a welcome gift to a new co-worker.
4. Send a thank you note to a soldier.
5. Let another driver looking for a parking spot know when you're leaving.
6. Leave change in the vending machine.
7. Help someone carry groceries to her car.
8. Leave a happy note on the bathroom mirror that says "you look amazing!"
9. Smile at everyone you see.
10. Send flowers to a friend.
11. Leave extra time in the meter.
12. Give up your seat for someone.
13. Write a note of encouragement to someone who inspires you.
14. Leave a flower on a neighbor's doorstep.
15. Deliver a cup of coffee.

WORLD DAY OF THE SICK



February 11th, known as the Feast of Our Lady of Lourdes, has been recognized since 1992 by Pope John Paul II as World Day of the Sick. This day was designated as an opportunity to remember and to pray for those who are ill and for all caregivers.

On this day, Blessing of Hands has always been a tradition of HDS. Staff were invited to reflect on the strength and energy that comes

from our hands as we encounter and care for those who are ill and for those not in direct contact with patient care, your important role as part of the HDS family.

2020-2021 ANNUAL REPORT

In case you missed it, HDS released the 2020-2021 Annual Report in November. This year's Annual Report highlights the incredible dedication and perseverance of the hospital, as HDS navigated through the most difficult circumstances of the COVID-19 pandemic and transformed services to provide the best and safest care to patients and the community.

HDS is proud to share the accomplishments and memorable moments of the hospital, as well as staff, physicians and volunteers.

The Annual Report can be read on Hotel Dieu Shaver's website.

[Click here to read the report](#)



READERS' CHOICE AWARDS

Congratulations to our 2021 St. Catharines Standard Readers' Choice Awardees for being recognized in Niagara!

Renewing Hope. Rebuilding Lives.



Nello Miele

Occupational Therapist



Audiology & Hearing
Aid Clinic
Audiology Services

Hotel Dieu Shaver
Medical/Health Services



Katie Stranges
Public Relations

Winnie Tam
Occupational Therapist

HDS CARD CAMPAIGN



Did you know that you can send a card of gratitude, inspiration or encouragement to any physician, staff, Patient Advisor, volunteer or patient at Hotel Dieu Shaver? Consider sending a card through HDS' website to motivate a patient, thank a volunteer or inspire a colleague. Cards are delivered Monday - Friday between the hours of 8:30am and 4:30pm.

[Click here to send an e-Card](#)

Follow HDS on social media!



@hoteldieushaver

HDS FOUNDATION NEWS

• GENEROUS GIFT TO THE RANKIN FAMILY CANCER REHAB PROGRAM



Earlier this year, the HDS Foundation team was thrilled to have a visit from our special friend, June McKinnon, who generously gave a gift of \$10,000 to our Rankin Family Cancer Rehab Program in memory of her late husband, Mike Washuta. Mike & June have been dedicated supporters of HDS for many years and this gift, made through the Rankin Cancer Run, will support patients rebuilding their lives after a cancer diagnosis.

• HDS TOQUES FOR SALE



HDS Toques are available from HDS Foundation while quantities last! Purchase for \$20 in the Foundation Office (inpatient building) by cash, debit or credit.

The Foundation is open Monday – Friday from 9am – 4pm.

• NEW GAMES & ACTIVITIES FOR PATIENTS



A special thanks to Jeanne Boc & Sam Shah for recently connecting the Foundation with a grateful patient who wanted to support the purchase of new games & activities for patients at HDS! We were pleased to purchase a number of items to help our patients with their rehabilitation journey.

• DID YOU KNOW?

Hotel Dieu Shaver provides HDS Foundation with a list of priority patient care needs each year totaling approximately \$700,000. This equipment is not funded by the government.



With your support, we exceeded our goal raising \$129,633!

These funds will support the purchase of: a medication station for an inpatient unit, new technology for Audiology and patient rehabilitation equipment.

Our donors gave in memory and in honour of loved ones and many of our HDS staff were honoured.

Thank you for all you do for our patients, you are our angels.

