

FEBRUARY IS THERAPEUTIC RECREATION MONTH!



February marks Therapeutic Recreation Month - a time to honour the health care profession that uses therapeutic processes to assist patients in achieving their goals and highest quality of life. This year's theme is "Let Your Passions Flow" and that is exactly what HDS' Therapeutic Recreation team has been empowering patients to do this month!

HDS' Therapeutic Recreation team has had a busy month, re-engaging HDS' patients in group activities like, art therapy, bingo, scrabble and so much more. These recreational activities play an important role in a patients' recovery and HDS is incredibly grateful to have such an engaged and compassionate Therapeutic Recreation team!

Please join us in celebrating Therapeutic Recreation Month this February, and thanking Kelly, Laura and Matt for all they do!

MISSION CHALLENGE



HDS STANDS UP AGAINST BULLYING



February 22 marks Pink Shirt Day in Canada. Pink Shirt Day is an anti-bullying campaign to raise awareness about the importance of standing up against bullying and promoting kindness. At HDS, we are proud to wear pink and to support kindness, inclusivity and compassion.

Together we can lift each other up and create a kind and more inclusive world!

WOUND CARE CORNER



Did you know that Hotel Dieu Shaver has a nurse-led wound care team? HDS' Nurse Practitioner (NP), Lorrie Hudd, Wound Care Champions and interdisciplinary team members work together with patients in the prevention and management of wounds at HDS.

Meet Dayna! Dayna is a Wound Care Champion at HDS. Wound Champions are nurses at HDS who have expressed an interest in the role and who will receive additional wound care education and training. Champions will act as wound care supports for staff and patients on the units, working alongside the Wound NP in the prevention and management of wounds.

Interested in becoming a Wound Care Champion? Reach out to your unit manager for more information or to sign up!

WOUND CARE QUESTION OF THE MONTH

Name 3 other wound care champions here at HDS.

Submit your answers to lhudd@hoteldieuusher.org by March 5th for a chance to win a \$5 Tim Horton's gift card!

Stay tuned for Wound Care Corner coming to E-span, where staff and physicians will be able to find regular wound care information and resources, as well as even more opportunities to win!

WE ARE HDS!

“I really look forward to my visits with HDS' porters, because they always have great stories to share, and I really enjoy listening to their experiences.”

- Current HDS Patient

JERSEY DAY AT HOTEL DIEU SHAVER



In the spirit of Super Bowl Sunday, HDS' Food Services team hosted the hospital's first ever Superbowl special at the Dieu Drop-In Cafe, serving all of the traditional superbowl snack favourites! Food Services staff, as well as staff, physicians, patients and volunteers around the hospital, represented their favourite team's jersey on Thursday and Friday leading up to the Super Bowl!

HAPPY RETIREMENT



Happy Retirement to HDS' Linda Ferraro, Physiotherapist, and Leslie Sobien, Registered Nurse!

After over 30 years of dedicating each of their professional lives to caring for others, they are heading into their next chapter. HDS wishes both Linda and Leslie all the best in their retirement and HDS is incredibly grateful for their service!



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HDS FOUNDATION NEWS

HDS FOUNDATION WELCOMES HALLEY BURNHAM TO THE TEAM!



It is with extreme delight that HDS Foundation announces they have hired an Events Coordinator. Halley Burnham will be planning all signature events and will also be responsible for all third-party community events. Halley comes to HDS Foundation with a wealth of experience. Most recently, Halley was the Apatisiwin Employment & Training Coordinator at the Niagara Regional Native Centre. Prior to that, Halley spent over eight years in event planning with Niagara Health System Foundation (formerly St. Catharines General Hospital Foundation), where she was responsible for all Foundation signature events. Halley can be found in the Foundation's main office (located in the in-patient building lobby) - stop by and say hello!

Follow us on social media!



@hoteldieushaver

ALL-STAR GAME

Each team's top fundraiser
will square off against
legendary NHL alumni!

FRIDAY | FEBRUARY 24th
12.00 PM

Gale Centre Arena, Niagara Falls
FREE - all are welcome
Supporting Hotel Dieu Shaver

www.CelebrityIceCup.ca



**HELP GROW THE POT OF \$...
SIGN UP TODAY!**



**A bi-weekly 50/50 Pay Day Lottery
- exclusively for HDS Staff -**

Tickets are \$5 each
Max. 5 tickets per person

[Click Here >>](#)

Lottery License # M818203

50% to the winning staff member
50% toward purchasing patient care equipment

It's a Win / Win!

Because of You



We cannot thank our caring community enough for the incredible support we received over the holiday season.

HDS Foundation's 2022 Snowflakes & Angels Christmas Campaign raised over **\$150,000** and allowed us to purchase vital patient care equipment.

[SEE WHAT WAS PURCHASED!](#)

Our donors gave in memory and in honour of loved ones, and many of our HDS staff were honoured. Thank you for all you do for our patients, *you are our angels.*